



## HEADACHE ON THE HILL

# SUPPORT LONG-COVID HEADACHE RESEARCH

Headache is one of the most frequent symptoms after COVID-19 infection as part of Long COVID syndrome. Long COVID headache can present in the form of a worsening of a preexisting primary headache disorder, or in the form of a new (intermittent or daily) headache starting during or soon after active COVID-19 infection.[1] General understanding, specific treatment options and research around headache disorders and Long COVID is limited, and more coordinated efforts are needed to ensure these patients experiencing Long COVID headache can receive the care and relief they need and deserve.

### STATISTICS

- Long COVID can include a wide range of ongoing health problems and these conditions can last weeks, months, or even years.[2]
- Long COVID conditions are found more often in people who had severe COVID-19 illness, but anyone who has been infected with the virus that causes COVID-19 can experience post-COVID conditions.[3]
- Headache is one of the most common symptoms of COVID. Post-COVID headaches are often described as moderate to severe, persistent, and treatment refractory. [4]
- Approximately 1 in 5 people who experience Long COVID report headache.[5]
- One study found patients with COVID-19 with pre-existing primary headache had significantly more frequent COVID-19-related headache than those without.[6]



### AHDA ASK:

**Co-sponsor the CARE for Long COVID Act when it is reintroduced in this year's Congress and ensure the legislation specifically prioritizes research on headache and migraine caused or exacerbated by Long COVID.**



### Sources

- [1] Tana, C., Bentivegna, E., Cho, S.J. et al. Long COVID headache. J Headache Pain 23, 93 (2022). <https://doi.org/10.1186/s10194-022-01450-8>
- [2] <https://www.cdc.gov/coronavirus/2019-ncov/long-term-effects/index.html>
- [3] <https://www.cdc.gov/coronavirus/2019-ncov/long-term-effects/index.html>
- [4] Chhabra N, Grill MF, Singh RBH. Post-COVID Headache: A Literature Review. Curr Pain Headache Rep. 2022 Nov;26(11):835-842. doi: 10.1007/s11916-022-01086-y. Epub 2022 Oct 5. PMID: 36197571; PMCID: PMC9533267.
- [5] Id.
- [6] Id.

**AHDA**

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